



# Face Mask

Basic Instructions (no pictures and assumes knowledge of basic sewing techniques)

## Requirements:

Fabric - 7½" x 8" (2) ( Use fabric with at least 180 count cotton fabric or batik)

Interfacing - 7½" x 8" (1)

Ties – At least 2" x 36" long (2)

Sewing implements - ¼" seam allowance used unless otherwise specified.

## Instructions

- 1) Iron interfacing on wrong side of 1 piece of fabric
- 2) With right sides facing, sew fabric pieces together leaving 3" opening for turning.
- 3) Turn fabric piece to right side and press.
- 4) On both short sides, make 6 1" marks along the sides.
- 5) Fold marks:
  - a. 1 to 2
  - b. 3 to 4
  - c. 5 to 6

Pin down and sew ⅛" around the edge of the fabric. (This will secure the folds and close the turn opening)

- 6) Prepare ties:
  - a. Fold ties in half lengthwise, press. Open up and fold a ¼" to the the centreline from both sides. Then fold in half lengthwise again.
- 7) Find the centre of each tie and the centre of the mask body. Align the centres and sew ties to each side.
- 8) Enjoy your face mask.